

## **An Opportunity for Providers of Substance Misuse Inpatient Detoxification**

### **The Opportunity**

It is our intention to tender for a Substance Misuse Inpatient Detoxification service in August 2018, with a contract in place 1 October 2018.

### **Background**

The Crime and Drugs Partnership commissions a range of substance misuse treatment and support services. These services provide an integrated pathway to engage drug and alcohol users into treatment and support them to recover from problematic drug and alcohol use. Inpatient detoxification is a part of this integrated pathway and caters for some of the most vulnerable clients unable to complete a detox in the community.

Drug Misuse & Dependence: Guidelines for Clinical Management 2017 (Department of Health) and NICE guidelines (Clinical Guideline 52, Clinical Guideline 115) state that inpatient detox should be available for service users where it is assessed that community detox is not appropriate. Particularly for users with complex physical or mental health comorbidities and those requiring sequential detoxification from opioids and alcohol.

### **Current Demand**

- In 2016/17, 123 Nottingham City residents accessed Inpatient Detoxification, this represents about 5% of the overall treatment population.
- The majority of these (73%) were opiate users, and 21% were alcohol only users. The majority of dependent alcohol and opiate users will be able to detox safely in the community, but for some detoxification will require an inpatient admission.
- In addition to this recently there have been an increased number of service users requiring inpatient detoxification for novel psychoactive substances such as 'mamba'.

### **Key Service Outcomes**

- Emphasis will be placed on achieving sustained recovery for each service user, enabling them to become drug and alcohol free and empowered to live fulfilling lives.
- The Provider will need to build strong links with community treatment services and work with all service users to enable them to move through a treatment journey towards a goal of exiting from treatment drug and alcohol free and socially integrated without needing to return to inpatient services, wherever possible.
- While the Provider will be ambitious for all service users to overcome dependence and achieve abstinence, reducing the harm caused by substance misuse remains a key objective of the service, particularly for those service users who are not yet ready, willing or able to achieve 'recovery'.

The performance of the service will be judged on outcomes. The Commissioner expects this service to deliver the following outcomes for the service user group:

1. Safe detoxification from primary substance of misuse
2. Abstinence from primary and secondary substances of misuse
3. Stabilisation on substitute medicines
4. An improvement in physical health and social wellbeing

5. Improved social functioning
6. An increased insight and awareness of personal recovery goals
7. A reduction in risk behaviour associated with substance use
8. A reduction to the risk of overdose and drug related death

### **How to get involved**

A compliant procurement process will take place for providers to apply for this tender opportunity. The process will be managed through the Due North Electronic Procurement System. Providers can register on Due North through this website link:- [www.eastmidstenders.org](http://www.eastmidstenders.org) in advance of the tender being advertised. Once advertised, providers will need to download the documents from the portal and follow the instructions carefully. Completed tenders should be submitted through Due North by the deadline stated on the tender documents.