

*Do something...  
...Get involved*

Focus Groups include:

- ◆ Mental Health
- ◆ Inpatient services
- ◆ 18-24 year olds
- ◆ Women
- ◆ Family & Carers
- ◆ LGBT
- ◆ Disability
- ◆ Primary Care
- ◆ Older Drug Users
- ◆ BME

Over the next 12 months treatment and support services for drug and alcohol issues are being redesigned and tendered. The City Council want to get the views from as many people as possible.

People who use services already and people who may need them in the future. Your views really count.

Stage one consultation has now finished. The commissioners are now holding a series of focus groups with service users to discuss particular issues to help them make decisions.

Look out for these posters with details of the different groups that you may be interested in attending.

## Have your say about the design of substance use services in Nottingham

### MENTAL HEALTH

Many people who seek help from substance use support and treatment services also have issues around mental health. This can range from stress and anxiety to a diagnosis like psychosis. Some people are seen by mental health services and some are seen by drug and alcohol services. We are interested in talking to people about their experience around these issues and the support they receive. The commissioners are also interested in how the pathways between the services are working for clients.

We are holding a focus group on:

**Friday 14th August**

**10-12pm**

**At the Voluntary Action Centre,**

**7 Mansfield Road**

If you would be interested in taking part speak to your recovery worker or contact Glen Jarvis.

Your travel expenses will be paid on the day.

For more info contact:  
**Glen Jarvis**  
Involvement Officer

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